

Garden Event

9-26-24 through 12-12-24, Thursdays, 6:30-9:30pm, Zoom and In-Person, Foundations of Horticultural Therapy, UCLA Extension Horticulture Program, Los Angeles

Description = This 11-week course introduces the student to the definitions operational standards, and practice of horticultural therapy as outlined by the American Horticultural Therapy Association (AHTA). Students will learn evidence-based theories and approaches for using plants to increase skills and wellness in therapeutic settings; learn the historical development and the current state of horticultural therapy and how this unique approach addresses the needs of various populations. Students will be introduced to concepts surrounding program development, needs assessment and therapeutic interventions. The class uses a combination of online learning, guest speakers, field trips and hands-on activities to provide a deep understanding of the fundamental components of a successful horticultural therapy practice. This course is accredited by the AHTA (American Horticultural Therapy Association). Required in-person field trip dates: October 12, November 16, and December 7.

Cost = \$1,185

Location

Zoom and in-person, Los Angeles

For more information = Melissa McDonald, mmcdonald@uclaextension.edu, 310-825-9586, <https://www.uclaextension.edu/landscape-architecture-horticulture/horticulture-gardening/course/foundations-horticultural-therapy>