

Garden Event

8-20-22, 10am, In-Person, Growing Asian Vegetables in Los Angeles with Florence Nishida, Culver City

Description = Bored with growing and eating the same old veggies? Branch out and broaden your palate with easy-to-grow vegetables from across Asia. Florence Nishida, Master Gardener and founder of L.A. Green Grounds, returns to the Culver City Garden Club to discuss easy-to-grow Asian vegetables that you too can plant in your own local garden -- to compliment your traditional edibles. Her presentation will cover a host of veggies that will introduce you to new and intriguing textures, colors, fragrances, and tastes. In addition, Florence will share "ways to prepare those vegetables - since that's often a stumbling block for many". Go beyond the traditional. Bring more flavors to your garden and table. Florence is a botanist, mycologist, life-long gardener and a 2008 University of California Master Gardeners teaching Angelenos to garden and grow plants sustainably, with special emphasis on those living in the under-served food deserts of Los Angeles. She's a champion of plants that have a long harvest season and shares ways to cook them. "My mission is to expose people to different things that are easy to grow...If you plant kale, you will have food for months." In 2010, she co-founded the nonprofit L.A. Green Grounds, with former student Ron Finley (aka, Gangsta Gardener) and Vanessa Vobis. Green Grounds is committed to enabling residents of South Los Angeles to create their own edible gardens. It is the catalyst for "Dig-Ins" community-driven workdays manned by locals and volunteers who transform front yards and parkways into edible, inspirational spaces visible to the public. Florence is also a staunch advocate for the recovery and transformation of barren land and abandoned spaces into blooming oases. In 2013, her activism helped changed minds in L.A. City Council and led to a vote that now allows LA residents to cultivate edibles in their parkways without a permit. Her quote during an interview with the LA Times clearly reinforces her view that "Poor access to good, fresh food led to poor diets that were directly related to poor health among many in the South L.A. communities... It is so satisfying to show how we can transform a very barren, lifeless parcel of ground into a welcome oasis for biological beings, including humans, in the city."

Cost = Free.

Location = Garden Room, Veterans Memorial Complex, 4117 Overland Avenue, Culver City 90230

For more information = Culver City Garden Club, garden@CulverCityGardenClub.org, 310-876-1870, <https://www.facebook.com/CulverCityGardenClub>