

Garden Event

6-29-23 through 9-7-23, Thursdays and Saturdays, 6:30-9:30pm, Hybrid In-Person and Online, Foundations of Horticultural Therapy, Long Beach, Mar Vista, Westwood

Description = The foundations of horticultural therapy course introduces the student to the definitions operational standards, and practice of horticultural therapy as outlined by the American Horticultural Association (AHTA). Students will learn evidence-based theories and approaches for using plants to increase skills and wellness in therapeutic settings; learn the historical development and the current state of horticultural therapy and how this unique approach addresses the needs of various populations. Students will be introduced to concepts surrounding program development, needs assessment and therapeutic interventions. The class uses a combination of online learning, guest speakers, field trips and hands-on activities to provide a deep understanding of the fundamental components of a successful horticultural therapy practice. Two in-person weekend class field trips TBD. Elective course in the horticulture certificate. Successful completion of this course will provide an equivalent of 3 semester credits in horticultural therapy coursework that can be used toward the completion of a total of 9 semester credits in horticultural therapy coursework that is required by the AHTA for professional registration as a Registered Horticultural Therapist (HTR). Internet access required. Materials required.

Cost = \$1185

For more information = Melissa McDonald, horticulture@uclaextension.edu, 310-825-9414, <https://www.uclaextension.edu/landscape-architecture-horticulture/horticulture-gardening/course/foundations-horticultural-therapy>